



META HOUSE

Meta House ends the generational cycle of addiction by healing women & strengthening families

In 2023, we served 288 women & 153 children across our continuum of care

our approach

We are **gender-specific** meaning treatment tailored to address the unique way women experience the world and their substance use disorders

Many of the women we serve started using substances to mask the pain of trauma. We are **trauma-informed** in our approach and **strength-based** in our care

A woman's family has access to services throughout her stay to both allow them to heal and empower her with a **support network** for the long-term

treatment services

RESIDENTIAL

Intensive, inpatient treatment program that can accommodate 35 women and 15 children at a time

OUTPATIENT

Uniquely designed to meet women where they are in their recovery. Services offered Monday-Friday

RECOVERY COMMUNITY

Safe, affordable and supportive environment designed for single women in early recovery and families led by women in early recovery

outcomes

100% of women in residential who participated in **parent-child relational therapy** showed **improvement in their interaction with their children.**

For women who stayed in residential 60+ days, **99%** were **abstinent from or reduced their substance use** between admission and discharge.

For women who stayed in outpatient longer than 90 days, **87%** **reduced their substance use or were not using substances** and **66%** had **stable housing** compared to 28% at admission.

For women who stayed in our recovery community at least 90 days, **100%** maintained a **reduced level of substance use.**

89% of women were **employed, enrolled in school, had an income or had made progress toward employability.**



2625 N. Weil St., Milwaukee
www.metahouse.org
414-962-1200

